

## Treasured Traditions

*Christmas is a time for traditions. Share some of your personal experiences by answering these questions.*

What is one of your favorite religious Christmas traditions?

Tell what you know about the beginning of this tradition.

How do you feel when you're experiencing this tradition?

What is one of your favorite non-religious Christmas traditions?

Tell what you know about the beginnings of this tradition.

How do you feel when you experience this tradition?

How would your Christmas holidays feel without traditions?

What tradition would you like to introduce to your family?