

Benziger's Family Life
and the
Doctrinal Elements for Elementary Grades
Based on the *Catechism of the Catholic Church*

Grade 1	
<u>Chapter Titles</u>	
1. What Do Families Do?	6. I Care for Others
2. Families Love and Help	7. I Have Feelings
3. I Am a Child of God	8. Love Grows
4. I Grow and Learn	9. Family Love
5. I Care for Myself	10. More Families
<i>God is our creator and created all things. (275, 295)</i>	
Chapters 3; 6; 9; 10	
<i>We sometimes do something wrong and have to admit to our actions without making excuses. (387)</i>	
Chapters 6; 7; 9	
<i>Jesus showed us how to live. (459)</i>	
Chapters 1; 4; 5	
<i>The Holy Family consists of Joseph, the foster father of Jesus; Mary, Jesus' mother ; and the child Jesus. (532)</i>	
Chapters 1; 2; 5	
<i>The image of God is present in every person. (1702)</i>	
Chapters 3;6;9;10	
<i>We need to learn good habits. (1803)</i>	
Chapters 4;5;6;8	
<i>God's law is his fatherly instruction to us. (1950, 1975)</i>	
Chapter 8	
<i>God's family includes people of all races, languages and abilities. (1934-35)</i>	
Chapters 3;6;10	
<i>Love is the vocation of every human being. (2392)</i>	
Chapters 2;6;8;9;10	
<i>In prayer we talk to God. (2564)</i>	
Chapter 4	

Grade 2	
<u>Chapter Titles</u>	
1. God's Plan	6. Caring for Life
2. Signs of Love	7. Promises
3. Who Are You	8. New Life
4. You Are Growing	9. Family Connections
5. Rules and Choices	10. More Connections
<i>God made all of creation good. (299)</i> Chapters 3;4;6;8	
<i>Sin harms or breaks our friendship with God. (386)</i> Chapter 2;5;6	
<i>The Church is the People of God and the Body of Christ. (753, 777)</i> Chapter 6;9;10	
<i>Jesus always pleased his Father; and so that we might please the Father also, we follow Jesus as "the way, the truth, and the life." (1693, 1698)</i> Chapters 5;6;8;9;10	
<i>By our actions we show whether or not we are living to the fullest perfection of our dignity and goodness. (1700)</i> Chapters 2;4;5;7	
<i>God has given us free choice—which means we can do bad things, as well as, good. (1730-32)</i> Chapters 4;5;7	
<i>The Bible and the Church teach us to know what is right and wrong. (1785)</i> Chapter 5	
<i>"Love of neighbor is inseparable from love for God." (1878)</i> Chapters 2;3;5;6;9;10	
<i>As Christians, we are called to be peacemakers in our homes and in our society. (2305,2330)</i> Chapters 1;2;6;10	

Grade 3	
<u>Chapter Titles</u>	
1. The Human Family	6. Animal Life
2. Family Living	7. Being Alive
3. Learning to Choose	8. Life Goes On
4. Having Good Sense	9. Feelings
5. Plant Life	10. Community Life
<i>God is present in everything he has made. (300)</i>	

Chapters 1;3;4;5;6;7;8;10
<i>God himself is the author of marriage.</i> (1603) Chapters 1;8
<i>Baptism</i> (1234-45) Chapter 2
<i>"Virtue is a habitual and firm disposition to do good."</i> (1803,1833) Chapters 2;4;9
<i>We share with others not only our material goods but also our spiritual.</i> (1942,1948) Chapters 1;2;3;4;7;9;
<i>Jesus gave two great commandments: the love of God and the love of neighbor.</i> (2055) Chapters 1;2;4;
<i>Every human life is sacred because they are created in the image of God.</i> (2258,2319) Chapters 1;2;3;4;7;8;
<i>A husband and wife freely and fully keep their marriage covenant to faithfully love each other as husband and wife.</i> (2378) Chapter 2
<i>The seventh commandment calls us to be good stewards of the world God gave to us.</i> (2415,2456) Chapters 1;4;5;6;7;8;10
<i>God's creation can help us pray.</i> (2569) Chapters 1;5;6;7;8;10

Grade 4	
<u>Chapter Titles</u>	
1. Being Needed	6. Healthy Living
2. Why Rules?	7. The Human Body
3. My Feelings	8. A New Life Begins
4. Acting on Feelings	9. Reaching Out
5. Stages of Life	10. Looking to the Future
<i>In everything Jesus did he is our model.</i> (520-21,562) Chapters 3;6;9;	
<i>God created each of us in his own image with a soul, intellect, and free will.</i> (1711) Chapters 2;4;5;6;	
<i>We are responsible for our deliberate actions.</i> (1734,1736,1745)	

Chapters 2; 4;6;
<i>Our feelings and emotions are gifts of God, but they are not always indicators of right or wrong. (1764,1768)</i>
Chapters 3;4;
<i>Sin is a deliberate choice against God's law. (1874)</i>
Chapters 2;4;
<i>Every Christian is called to holiness. (2013,2028)</i>
Chapters 2;4;9;
<i>The fifth commandment opposes murder—the deliberate killing of an innocent person. (2261,2268-69,2320)</i>
Chapters 5;8;
<i>"Deliberate hatred is contrary to charity." (2303)</i>
Chapters 4; 9;
<i>Men and women are equal in dignity, yet they have complementary differences. (2333-34,2393)</i>
Chapter 7
<i>The Sacrament of Holy Orders(1566-67,1595)</i>
Chapter 10

Grade 5	
<u>Chapter Titles</u>	
1. Family Ties	6. New Life
2. Family Feelings	7. Friendship
3. Communication	8. Marriage
4. Changes	9. Communities
5. Parenthood	10. A Caring World
<i>We must respect creation and protect the environment. (339)</i>	
Chapter 10	
<i>The love of husband and wife is the image of the love of Christ for his Church. (1616-17,1659,1661)</i>	
Chapters 5;6;8;9	
<i>In the morally mature person, feelings are subject to reason and will and respond in harmony with them to the good. (1767,1769-70,1775)</i>	
Chapters 2;3;4	
<i>Because of the many competing influences in our lives, the good formation of our conscience is absolutely necessary. (1783)</i>	
Chapters 1;2;3	
<i>Scripture and the teaching of the Church provide guidance for moral life.</i>	

<i>Prayer, the gifts of the Holy Spirit, and the witness of other believers help us to apply the teaching of Scripture and the Church to the concrete challenges of human life. (1785)</i> Chapters 1;2;3;4;5;7;8;9;10
<i>Social justice is based on the dignity of the human person. (1929,1944)</i> Chapters 6;9;10
<i>Our moral life begins in faith. We must protect that faith and avoid the sins against it. (2087-89)</i> Chapters 3;4;7;8
<i>The first commandment requires us to pray. Prayer is the opposite of superstition, divination and magic. (2098,2111,2115-17,2135,2138)</i> Chapter 3
<i>The family is the first cell of society; a society depends on families and must foster them. (2207,2210,2250)</i> Chapters 1;2;5;6;8;9;10
<i>Christians respect their bodies, and the bodies of others, as temples of the Holy Spirit. (2519)</i> Chapters 4;5;7;8

Grade 6	
<u>Chapter Titles</u>	
1. Family Background	6. Aging and Death
2. Family Traits	7. Expecting a Baby
3. Know Yourself	8. A Baby Arrives
4. Your Future	9. Family Economics
5. Showing Respect	10. Worldwide Family
<i>Called to eternal life in God, every human being has a personal and unique dignity. (354)</i> Chapters 1;2;3;5;6;7;8;9;10	
<i>The Church symbolizes the unity of the whole human race. (775)</i> Chapters 1;2;10	
<i>The Church encourages people of different cultures to celebrate the liturgy in different ways so that all people may know Christ in the beauty and richness of their own culture. (1204,1207)</i> Chapters 1;2;10	
<i>The liturgy itself generates and shapes cultures. (1207)</i> Chapters 1;2;10	
<i>The purpose of marriage is the good of the spouses and the generation and</i>	

<p><i>education of children. (1601,1660)</i> Chapters 1;2;3;7;8;9</p>
<p><i>We have an obligation to follow the moral law, and, by doing so, we witness to the dignity of the human person. (1706,1713)</i> Chapters 3;4;5;9;10</p>
<p><i>We must take care to form our conscience well, following the Word of God, the Church's teaching, the advice of mature persons, prudent judgment and the help of the Holy Spirit. (1783-85,1788,1794,1798,1802)</i> Chapters 3;4;5</p>
<p><i>We "must always obey the certain judgment of conscience." (1791,1793,1801)</i> Chapters 3;4;5;6</p>
<p><i>We are social by nature and find fulfillment only with others. (1879,1882,1891)</i> Chapters 1;2;3;4;9;10</p>
<p><i>Marriage exists for two ends: the good of the spouses and the transmission of life. (2363,2369)</i> Chapters 4;7;8;9</p>

Grade 7	
<u>Chapter Titles</u>	
1. Family Relationships	6. Choose Life
2. Values and Virtues	7. Chastity
3. Identity	8. Consequences
4. Gender	9. Civility
5. Wellness	10. Love Is
<p><i>Faith is both a personal adherence to God, and a free assent to the truth God has revealed. (150,176)</i> Chapters 2;6;7;8;9</p>	
<p><i>God made man and woman in his image; they are equal in dignity but complementary as masculine and feminine. Marriage is the first form of human community. (355,369,371-72,383)</i> Chapters 1;4</p>	
<p><i>"The use of drugs inflicts very grave damage on human health and life..." (229)</i> Chapters 5;6;8</p>	
<p><i>Justice and charity lead to peace; injustice to war. (2304,2307)</i> Chapters 1;2;6;8;9;10</p>	

<i>From its conception, the child has the right to life. Direct abortion, that is abortion willed as an end or a means, is a crime against life, gravely contrary to the moral law. (2322)</i> Chapters 2;6;7;8
<i>The sexual act finds its place only in a life-long marriage; this excludes masturbation, fornication, sex for engaged couples, "living together," trial marriage and adultery. (2354,2382-85,2396,2400)</i> Chapters 1;2;5;7;9
<i>Culture has a great effect on sexual morality. (2354,2382-85,2396,2400)</i> Chapters 2;3;7;8
<i>The Sacrament of Marriage requires good preparation. (1622,1632)</i> Chapters 2;7;8;9
<i>The education of our conscience is a life-long task and needs time for reflection and self-examination. (1779,1784)</i> Chapters 2;3;7;8
<i>Differences of "talents" are part of God's plan and call for sharing. Sinful inequalities are contrary to the Gospel. (1936-38,1946-47)</i> Chapters 1;3

Grade 8	
<u>Chapter Titles</u>	
1. Homegrown Happiness	6. Stay Healthy
2. Gifts for the Journey	7. Loving Together
3. Understanding Yourself	8. Marriage and Family
4. Emotions	9. The Social Scene
5. The Value of Life	10. Love Is
<i>Priests remain celibate for the sake of the kingdom of heaven. (1579,1599)</i> Chapter 8	
<i>Christ's revelation of his Father's love shows us our true nature and vocation. (1701,1710)</i> Chapters 1;2;9;10	
<i>Freedom is not doing what we want. When we do good, we become freer; when we sin, we become slaves. (1731,1733,1740,1744,1747)</i> Chapters 1;2;9;10	
<i>Our conscience is a judgment of reason that helps us to recognize the moral quality of a human action. (1778,1796)</i> Chapters 2;9	
<i>Homosexual acts, as distinguished from homosexual tendencies, are gravely</i>	

<p><i>sinful; However every sign of unjust discrimination against homosexual persons should be avoided. (2357-59,2396)</i></p> <p>Chapter 8</p>
<p><i>In her ministries, the Catholic Church has always showed a preferential love of the poor. (2444,2448)</i></p> <p>Chapters 5;9;10</p>
<p><i>The Catholic will strive for a culture purified of eroticism, voyeurism and illusion. The Good News of Christ should renew culture. (2525-27)</i></p> <p>Chapters 2;3;5;9;10</p>
<p><i>A sacramental marriage is indissoluble. (2364-65,2397)</i></p> <p>Chapters 7;8</p>
<p><i>Catholics are not just individualist but are committed to the common good, which fosters dignity, prosperity and peace for all. (1905-08,1924-26)</i></p> <p>Chapters 8;9;10</p>
<p><i>True Christians set their hearts on the Kingdom of Heaven; this makes them detached from all material things. (2544-47,2551,2556)</i></p> <p>Chapters 1;2;5;7;8;9;10</p>