

Chapter 20

Holy Communion

Do this in memory of me.

Luke 22:19

To the Parents:

In chapter 20 your child learned to:

- Describe what happened at the special meal Jesus shared with his friends
- Explain that Holy Communion is the Body and Blood of Jesus
- Explain what the tabernacle contains

The Eucharistic Prayers of the Mass include the invitation, “Take this, all of you, and eat.” This invitation is directed to believers from Jesus so they may become one with his Body. Each Eucharistic Prayer is a retelling of the story of Jesus’ last meal. “While they were at supper, he took bread, said the blessing, broke the bread, and gave it to his disciples...” (*Eucharistic Prayer IV*) Every Mass is an opportunity to be nourished and united with Jesus in Holy Communion. Jesus’ very life is present in both the consecrated bread and the consecrated wine.

With Your Child:

1. Plan a family meal together. At the meal, talk about the meal that Jesus shared with his friends. Talk about the Mass, too.
2. Make a little Mass book. Paste in pictures and write in words that will help you remember the parts of the Mass.
3. Read about Saint Matthew on the Review and Explore page.