

Chapter 22

*A World in Harmony*

Your light must shine before others, that they may see your good deeds and glorify your heavenly Father.

*Matthew 5:16*

**For the Parents:**

In chapter 22 your child learned to:

- Describe practical ways to live the Beatitudes
- Identify the elements needed to form a good conscience
- Use the acronym STOP to make good moral choices

If you asked a group of people what would make them happy, you would probably get a wide range of answers: paying off my car, an hour of peace and quiet, peace in the world, a chocolate bar. Most members of the group will probably have learned by now that money cannot buy happiness. But what does?

Alfred Adler, a noted psychiatrist, had a unique way of treating patients who were depressed. He asked them to do one thing to make someone else happy each day for two weeks. His prescription is one that we could all try.

Jesus, too, had a way of turning things upside down. The people who gathered on the mountainside thought that wealth and position were signs of God's favor and blessing. But Jesus' teaching reveals that spiritual riches will buy the ticket to the kingdom of God. Ultimately, happiness is found in union with God. Focus on God and the needs of others and you are on the way to true and lasting happiness.

**With Your Child:**

1. Talk about which one of the Beatitudes can help build harmony for *everyone* at home. What will each family member do?
2. Help your child find out how people they respect keep their conscience in tune. Have them survey at least three older members of the family. They should ask: "When you have to make a moral decision, what do you do?"
3. Read about Saint Catherine of Siena on the Review and Explore page.