

Chapter 6

I Pray

Truly, the Lord is in this place.

Genesis 28:16

For the Parents:

In chapter 6 your child learned to:

- Follow Jesus as a model of prayer
- Say prayers they know by heart
- Write prayers of their own

The disciples asked Jesus to teach them to pray. He responded with the Lord's Prayer. But Jesus did more than that; he taught his disciples to pray by his example. Jesus prayed early in the day in preparation for his ministry to the people. He prayed to his Father, in the garden of Gethsemane, before he was betrayed and at his death when he gave over his spirit. What did he pray for? He prayed for strength, for reprieve from what lay ahead, and for the people he ministered to.

There are no rules for prayer. There are no right or wrong ways to pray. Finding the time to pray may be difficult. It may also be a challenge to find a way to pray that is comfortable for you. Like other worthwhile endeavors, praying takes practice.

With Your Child:

1. Gather as a family and talk about how each member of the family prays. Talk about prayer and why it is important.
2. This week, gather together and pray as a family. Think of the ways you can use your five senses to pray. Use incense or quiet music. Light a candle. Include a minute of silence. Hold hands as you pray the Lord's Prayer. Plan for a small surprise treat after your family prays together.
3. Read about Saint Catherine of Siena on the Review and Explore page.