

Chapter 20

Share

Whenever you eat this bread and drink this cup, I will be with you.

1 Corinthians 11:26

To the Parent:

In chapter 20 your child learned to:

- Discover a basic understanding of Jesus as the Bread of Life
- Discuss ways to prepare for Communion
- Identify the different ways to receive Holy Communion

The Eucharistic Prayers of the Mass include the invitation to believers from Jesus to take and eat and become one with this Body. Jesus invited his friends to be united with him in Holy Communion. This is a profound invitation. However it is also a challenging invitation because it implies change and transformation of communities and individuals. Communion is food for the journey. It nourishes us for mission. It strengthens us to do the deeds and preach the words of Christ.

With Your Child:

1. Talk about the gift that each member of the family can offer to God on Sunday. How will they share that gift with others during the week?
2. Help your child practice receiving Communion. We say “Amen” after the priest or Eucharistic minister says “The Body of Christ.”
3. Read about Pope Pius X on the Review and Explore page.