

Chapter 16

Psalms

As the deer longs for the streams of water, so my soul longs for you, O God.
Psalms 42:2

For the Parents:

In chapter 16 your child learned to:

- Explain what the Psalms reveal about Israel's relationship with God
- Incorporate psalms into his or her own prayer life
- Describe how the Psalms are part of the shared prayer of the Church

The psalms reveal the soul of Israel. The Psalms are candid prayers of grief and joy, of praise and thanks, of anger and sorrow. Whether they are corporate, liturgical expressions or the intimate prayer of the individual, the Psalms give voice to the deepest longings of humankind before God: to praise and give thanks, to rage and to lament. They remain vital to the prayer life of the Church to this day.

With Your Child:

1. Saint Benedict's motto was "Pray and Work". How can you and your family put this motto into your own lives as a way to grow closer to God?
2. Read about Saint Scholastica on the Review and Explore page.