

Name \_\_\_\_\_ Date \_\_\_\_\_

## A Prayer for Help

God has given you a conscience to help you make good choices. On the lines below, write a short prayer asking God to help you develop your conscience. Decorate the border of the prayer page. You can use your prayer whenever you need help in making choices.

Amen

**Family Note:** Your child is learning about ways to form a good conscience. If your child completes this activity at home, help him or her by talking about how God helps you make good choices. Encourage your child to share his or her work during a family prayer time.

**Catechist Note:** Use this activity page with Chapter 4, "Loving Choices." Before assigning the prayer activity, review the meaning of *conscience* with the young people. Provide art materials. Encourage them to take their completed prayer pages home.